

ISADORE ROSENFELD, M.D.  
Biography

Isadore Rosenfeld, M.D., is widely recognized as one of this country's preeminent doctors. A Distinguished Professor of Medicine at New York Hospital/Cornell Medical Center, he's also a medical media luminary.

His regular appearances on both "Hour Magazine" and "CBS Morning News" have garnered a devoted, nationwide following from viewers who have turned to him for the latest information on health and medical issues.

With five bestselling books to his credit, Dr. Rosenfeld has become one of the leading and most effective proponents in the education of the American public in medical matters. His first book, *The Complete Medical Exam*, published by Simon & Schuster in 1978, informed patients about what to expect in the course of a check-up and how to evaluate its thoroughness.

It was followed in 1982 by *Second Opinion*, a book which popularized the notion, revolutionary at the time but now widely accepted, that patients should almost always consider obtaining consultation when given a serious diagnosis by their doctor.

His third volume, *Modern Prevention*, was published in 1986 and described how many major disorders and diseases could be prevented. *The Washington Post* referred to it as "the product of an informed, experienced and practical physician who is also a skillful writer."

His 1989 bestseller *Symptoms* helped patients learn how to recognize and interpret their symptoms and how to determine when to seek professional medical treatment. *The Best Treatment*, his fifth blockbuster book, provided readers with the information needed to make an informed decision about the most effective treatments for a host of medical problems. Now in paperback, it is still selling briskly.

Dr. Rosenfeld's latest book, *DOCTOR, WHAT SHOULD I EAT?*, details how nutrition and diet can alleviate symptoms or cure a variety of medical conditions.

Dr. Rosenfeld is currently attending physician at the New York Hospital and Memorial Sloan-Kettering Cancer Center and Rossi Distinguished Clinical Professor of Medicine at New York Hospital/Cornell Medical Center.

He is a member of The Practicing Physicians Advisory Council for the Secretary of Health and Human Services and writes a monthly column for *Vogue*. In addition to maintaining a private practice in Manhattan, Dr. Rosenfeld also serves as a consultant to the National Institutes of Health on such task forces as Arteriosclerosis, Sudden Death and Hypertension. He has written many scientific papers for distinguished medical journals and has coauthored a textbook on cardiology. Dr. Rosenfeld currently lives in New York City and Westchester County, New York with his wife Camilla.