

THE DOCTORS



Dr. James M. Sears, M.D.

Dr. James (“Dr. Jim”) M. Sears, M.D., is a board-certified pediatrician who is part of a family practice that he shares with his father, William, and younger brother Robert, located in Capistrano Beach, Calif.

He earned his medical degree at St. Louis University School of Medicine in 1996 and completed his pediatric residency at Northeastern Ohio University College of Medicine and Tod Children’s Hospital in Youngstown, Ohio, in 1999. During his residency, he received the honor of “Emergency Medicine Resident of the Year.”

Dr. Sears loves working with children. It is not uncommon for him to see his patients outside of office hours by attending their birthday parties or graduations. He regards them as part of his extended family.

“My hope with THE DOCTORS is to bring the same family feel of my office to all the families in America that don’t have a personal relationship with their pediatrician,” Dr. Sears said. “More than just treating illness, my desire is to help families make changes for the better.”

He has been featured numerous times on “Dr. Phil” and the PBS series, “Help Me Grow,” and dispensed medical advice on the web sites www.Parenting.com and www.AskDrSears.com. He has co-authored several books, including The Healthiest Kid in the Neighborhood, Father’s First Steps — Twenty-Five Things Every New Father Should Know, The Premature Baby Book, The Baby Sleep Book and the best selling The Baby Book.

A father of two, his personal passions include endurance cycling, mountain biking, triathlons, sailboat racing, snow skiing, hiking and acting in musical theater with his daughter.