

JOAN LUNDEN
Biography

For almost two decades, she helped millions greet the new day as host of ABC's "Good Morning America." Now, award-winning broadcast journalist Joan Lunden brings her unique talents and experience to the A&E Network with the critically-acclaimed, weekly series, BEHIND CLOSED DOORS WITH JOAN LUNDEN.

"Behind Closed Doors with Joan Lunden" is a compelling weekly series that takes viewers on explorative journeys, gaining unprecedented access to the inner workings of places few have ever seen. Among the worlds Ms. Lunden will venture into this new season are the gold vaults of the U.S. Treasury, the U.S. Olympic Training Center, the private warehouses of the Smithsonian Institution, the elite world of Thoroughbred racing, and the Culinary Institute of America.

As a result of her work on "Behind Closed Doors," Ms. Lunden recently won the highest honor given to a non-Federal civilian from the US Army, the Decoration for Distinguished Civilian Service.

In addition to bringing her series to A&E, she hosts their award-winning "Biography," as well as numerous documentary and entertainment specials for the network.

Ms. Lunden is the President and host of The Women's Supermarket Network -- the first in-store television network - that brings health and wellness information to women in supermarkets across the country. The programming is geared toward helping consumers make smart decisions about their health and their home. News and tips presented include recipes for quick and easy meals, nutrition, healthy living, home entertaining, parenting, fitness, beauty advice, crafts, gardening, fashion, and household hints.

She has written four best-selling books: "Joan Lunden's Healthy Cooking," "Joan Lunden's Healthy Living," "A Bend In The Road Is Not The End Of The Road" and "Joan Lunden's Wake-Up Calls." "Wake-Up Calls" is Ms. Lunden's most recent and inspiring book, written with a refreshingly straightforward style, offering candid advice that has motivated her throughout her career. "Wake-Up Calls" reveals a behind-the-scenes Joan, through a mix of personal ruminations, poems, and quotes from many notable figures, and will be available in paperback beginning September 2001.

In addition to being one of the most successful women in the media, Ms. Lunden is also a nationally known speaker. She is passionate about disseminating wellness information all across the country, inspiring people to take charge of their health and happiness.

Joan Lunden was the longest-running co-host on early morning television, co-hosting "Good Morning America" from August 1980, through September 1997.