

SARA MOULTON  
Biography

Sara Moulton has done more than her share to raise the status of women in the male-dominated culinary world. After years of training and working in restaurants, her displeasure over the industry's sexism led her to co-found the New York Women's Culinary Alliance -- an "old girls' network" designed to help women in the food business -- in 1982.

A native of New York, Sara graduated with high honors from the Culinary Institute of America before devoting herself to the study of classical cuisine in France. Upon her return to the U.S., Sara began her career as a chef, beginning in Boston and then moving to New York, where she capped her restaurant career as *chef tournant* at La Tulipe.

It was also in New York that Sara began teaching cooking classes and working at Gourmet magazine. She was an instructor at Peter Kump's New York Cooking School from 1983 to 1985, and in 1984 she joined Gourmet's staff of food editors. Four years later she became the magazine's executive chef, a position she holds to this day.

Sara began her television career as a behind-the-scenes associate of *Julia Child during the production of Julia Child and More Company*. She was also the executive chef at ABC-TV's *Good Morning America*, an affiliation that dated back to 1987. In fall 1998, she once again joined *Good Morning America* as the correspondent Food Editor.

Today she shares her culinary and television talents on America's only live cooking and entertaining television shows: Food Network's *Cooking Live* and *Sara's Secrets*.